



Stella
Jones

LISA WHITTY
BRADLEY, MD

Who is

Stella Jones???

A child of God. A woman. A mom. A wife. A sister. A citizen.

Someone who didn't realize that she'd buried her dreams until the muck of her life drove them out of the deep damp dirt beneath her. Not that life was bleak; on the contrary, I accomplished many great things in a relatively short period of time, but when you are focused on goals, rather than passion, eventually **you'll hit a brick wall**. Some may chip away at that wall, or hide behind it, or hide from life by using drugs, sex, work, or avoidance in order to silence that long ago thought that you never realized was a calling.

So, when I hit that wall hard enough to psychically break my neck, I did what I had done from the time I was young. I punished myself because of my perceived failure and in that punishment, my deepest thoughts and creativity started talking to me in the middle of the night. The voice was so loud that I couldn't focus on anything else until I just started writing - *just trying to get peace.*

Where are these thoughts coming from??? What do they want from me??? How can I get them to stop...because they're preventing me from living!!! Ha ha ha! So finally, I just started typing and I realized that the more I typed, even though I was horrified by how horrible those first words were, I could **finally** sleep...breathe...eat.

Those thoughts kept coming...*and I kept writing.*

So here we are, and whether no one gets it or enjoys it but me, I have gained such relief and joy in the process, and the characters, and this world that was living inside of my head. No wonder I couldn't sleep!!!

Welcome to the world of

Stella Jones

Stella Jones

www.StellaJonesAuthor.com



Meet the mind behind Stella Jones, Dr. Lisa Whitty Bradley

Lisa Whitty Bradley, MD, FACS is a plastic and reconstructive surgeon by profession, born in Flatbush, Brooklyn, NY, and based in the Chicagoland area. She is a wife, mom, entrepreneur, and the CEO and Founder of Loop Plastic Surgery, LLC, and Chicks With MDs, LLC, a company birthed to empower physicians and patients through health education. She is a published researcher, facilitator, and keynote speaker. Notably, she is the author of the Stella Jones book series, written under her self-titled pseudonym.



Stella Jones

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Invite Stella Jones to sit with
your community & talk:

NAVIGATING NON-FICTION WRITING

PUBLISHING AND CREATING LITERATURE

THE STORY OF STELLA JONES: HOW SHE CAME TO BE

WORK-PASSION BALANCE: INTEGRATING WHAT'S IMPORTANT, PRIORITY, AND
WHAT MAKES YOU HAPPY



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Stella Jones Published Works

A Human Story, April 2018

4 Stories, October 2022

A Valentine's Tale, Summer 2023



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